



# *Dancing in the French Countryside*

Dancing, Yoga, lovely food, swimming, drawing mandala's, visit a farmer's market, enjoy nature and gaze at the stars

**7-14 June at Simply Canvas**

[www.simplycanvas.eu](http://www.simplycanvas.eu) [hello@simplycanvas.eu](mailto:hello@simplycanvas.eu)



# Dancing in the French Countryside

**Stay in a safari lodge tent or a lovely cottage.**  
**Pick fresh herbal tea and enjoy amazing views**  
**Dance daily with a lovely group of people**

For the second time Monique Sajat organizes a dance holiday from 7-14 June 2019 at Simply Canvas. An intuitive dancing and creative week for artists of living. To enjoy what life has to offer. Dance, swim, walk, draw mandala's, campfires and lovely food. A week to relax and be joyful.

## **The program will be conducted outside as much as possible in Dutch and/or English**

Every morning starts with a yoga exercise followed by breakfast in silence

9.30-11.30 dancing

12.30 lunch

Afternoons will be alternated with exercise, drawing mandala's, visiting a local town, a walk in the surrounding or just relax and have time for yourself.

19.00 dinner

Campfire and dancing

## **Accommodation:**

You stay at Simply Canvas, a beautiful small scaled holiday place with 6 safari lodge tents and 3 cottages, a swimming pool and situated in the middle of the French countryside with views all around. Sandra and Santi created their place from their hearts and is there for you to share and enjoy. Their 12.5 acres of land is designed according to the permaculture principles. You sleep in safari lodge tents with comfortable beds and your own bathroom or in one of the cottages. Sandra and Santi are renowned for their beautiful meals which are made with organic and local ingredients (vegetarian and gluten free possible).

## **Price**

All inclusive price for your stay, activities and food €747 in a 2-person shared accommodation (€150 extra for a single room accommodation). Excluding your trip to France (fly to Bergerac where we come to pick you up or contact us for other ways of traveling).

## **Contact Sandra & Santi**

Hello@simplycanvas.eu – www.simplycanvas.eu

